

Managing Your Medicines

Many people need help managing their medicines. One of our goals in home care is to help you understand the purpose of your medicines and how to take them correctly. You can help your home care nurse or therapist understand the type of help you might need by completing the table below.

Patient Name: _____ **Date:** _____

Place a "X" in the box if the statement applies to you



I have new medications.	
I have changed medications.	
I don't understand how to take my medicines.	
I am not sure my medicines help me.	
I am concerned about side effects caused by my medicines.	
I think my medicines sometimes make me feel worse.	
I don't always remember to take my medicines at the right time.	
I have trouble reading or seeing small print instructions on medicine bottles.	
I have trouble holding the small pills or opening the packaging or the medicine bottles.	
I have trouble paying for my medicines.	
I have trouble ordering or picking up my prescriptions.	
I get medicines from more than one pharmacy.	

This material was adapted from the Home Health Quality Improvement National Campaign materials by Selman-Holman & Associates.