OASIS Items

M1033 Risk for Hospitalization: Which of the following signs or symptoms characterize this patient as at risk for hospitalization: (Mark all that apply.)

- 1 History of falls (2 or more falls or any fall with an injury in the past 12 months
- 2 Unintentional weight loss of a total of 10 pounds or more in the past 12 months
- 3 Multiple hospitalizations (2 or more) in the past 6 months
- 4 Multiple emergency department visits (2 or more) in the past 6 months
- 5 Decline in mental, emotional, or behavioral status in the past 3 months
- 6 Reported or observed history of difficulty complying with any medical instructions (for example, medications, diet, exercise) in the past 3 month
- 7 Currently taking 5 or more medications
- 8 Currently reports exhaustion
- 9 Other risk(s) not listed in 1 8
- 10 None of the above

M1800 Grooming: Current ability to tend safely to personal hygiene needs (i.e., washing face and hands, hair care, shaving or make up, teeth or denture care, fingernail care).

- 0 Able to groom self unaided, with or without the use of assistive devices or adapted methods.
- 1 Grooming utensils must be placed within reach before able to complete grooming activities.
- 2 Someone must assist the patient to groom self.
- 3 Patient depends entirely upon someone else for grooming needs.

M1810 Current Ability to Dress <u>Upper</u> Body safely (with or without dressing aids) including undergarments, pullovers, front-opening shirts and blouses, managing zippers, buttons, and snaps.

- 0 Able to get clothes out of closets and drawers, put them on and remove them from the upper body without assistance.
- 1 Able to dress upper body without assistance if clothing is laid out or handed to the patient.
- 2 Someone must help the patient put on upper body clothing.
- 3 Patient depends entirely upon another person to dress the upper body.

M1820 Current Ability to Dress Lower Body safely (with or without dressing aids) including undergarments, slacks, socks or nylons, shoes

- 0 Able to obtain, put on, and remove clothing and shoes without assistance
- 1 Able to dress lower body without assistance if clothing and shoes are laid out or handed to the patient
- 2 Someone must help the patient put on undergarments, slacks, socks or nylons, and shoes
- 3 Patient depends entirely upon another person to dress lower body

M1830 Bathing: Current ability to wash entire body safely. Excludes grooming (washing face, washing hands, and shampooing hair).

- 0 Able to bathe self in shower or tub independently, including getting in and out of tub/shower
- 1 With the use of devices, is able to bathe self in shower or tub independently, including getting in and out of the tub/shower
- 2 Able to bathe in shower or tub with the intermittent assistance of another person:
- (a) for intermittent supervision or encouragement or reminders, OR
- (b) to get in and out of the shower or tub, OR,
- (c) for washing difficult to reach areas.
- 3 Able to participate in bathing self in shower or tub, but requires presence of another person throughout the bath for assistance or supervision
- 4 Unable to use the shower or tub, but able to bathe self independently with or without the use of devices at the sink, in chair, or on commode
- 5 Unable to use the shower or tub, but able to participate in bathing self in bed, at the sink, in bedside chair, or on commode, with the assistance or supervision of another person throughout the bath.
- 6 Unable to participate effectively in bathing and is bathed totally by another person

M1840 Toilet Transferring: Current ability to get to and from the toilet or bedside commode safelyand transfer on and off toilet/commode.

- 0 Able to get to and from the toilet and transfer independently with or without a device
- 1 When reminded, assisted, or supervised by another person, able to get to and from the toilet and transfer

- 2 <u>Unable</u> to get to and from the toilet but is able to use a bedside commode (with or without assistance)
- 3 Unable to get to and from the toilet or bedside commode but is able to use a bedpan/urinal independently
- 4 Is totally dependent in toileting.

M1850 Transferring: Current ability to move safely from bed to chair, or ability to turn and position self in bed if patient is bedfast

- 0 Able to independently transfer.
- 1 Able to transfer with minimal human assistance or with use of an assistive device
- 2 Able to bear weight and pivot during the transfer process but unable to transfer self
- 3 Unable to transfer self and is unable to bear weight or pivot when transferred by another person
- 4 Bedfast, unable to transfer but is able to turn and position self in bed
- 5 Bedfast, unable to transfer and is unable to turn and position self

M1860 Ambulation/Locomotion: Current ability to walk safely, once in a standing position, or use a wheelchair, once in a seated position, on a variety of surfaces

- 0 Able to independently walk on even and uneven surfaces and negotiate stairs with or without railings (i.e. needs no human assistance or assistive device
- 1 With the use of a one-handed device (e.g. cane, single crutch, hemi-walker), able to independently walk on even and uneven surfaces and negotiate stairs with or without railing:
- 2 Requires use of a two-handed device (e.g., walker or crutches) to walk alone on a level surface and/or requires human supervision or assistance to negotiate stairs or steps or uneven surfaces.
- 3 Able to walk only with the supervision or assistance of another person at all times
- 4 Chairfast, unable to ambulate but is able to wheel self independently
- 5 Chairfast, unable to ambulate and is unable to wheel self.
- 6 Bedfast, unable to ambulate or be up in a chair.